



# Iceland Highlands Expedition



## S2 Mountain Adventures Iceland In-Country Itinerary

### Day 1

**Objective:** Arrive in Reykjavik

**Lodging:** Hotel

**Summary:** Upon your arrival to Iceland through Keflavik International Airport (KEF) our staff will greet you and help assist with luggage and boarding ground transportation to the hotel. This is a free day for you to rest after travel, gather your belongings, sightsee, or just relax.

### Day 2

**Objective:** Prep, Tour & Depart Reykjavik

**Lodging:** Guesthouse

**Summary:** We will spend time touring the city, shopping for trail snacks and then meeting our local partners for a trip briefing. We will depart Reykjavik and drive approx. 1.5 hours to the southern coast of Iceland.

### Day 3

**Objective:** Exploring Þjórsárdalur

**Lodging:** Mountain Hut

**Summary:** We will venture into the heart of the Icelandic Highlands aboard our modified 4x4 to start our journey in the Þjórsárdalur area. Based on group interest and weather we can choose our own adventure; from a big hike to climbing nearby peaks it is sure to be an adventure from soft moss fields to volcanic slopes!

### Day 4

**Objective:** Hiking Landmannalaugar

**Lodging:** Mountain Hut

**Summary:** Landmannalaugar is an infamous geothermal valley with ultra colorful mountains. We will take on lesser known trails through tie dyed mountains and a vivid spectrum of geology. Jet black lava fields, crater lakes, and deep river canyons await. At the end of the hike we will take our 4x4 to the next hut.

### Day 5

**Objective:** Trekking Fögrufjöll Mountains

**Lodging:** Mountain Hut

**Summary:** After eating some breakfast our 4x4 will take us deeper into the Highlands. When we reach the lake shores, we will embark on a full day hike



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## Day 6

**Objective:** Lava Formations of Skælingar

**Lodging:** Mountain Hut

**Summary:** Today we explore the remarkable lava formations of Skælingar. The route follows the Skaftá River into the narrow Hvanngil canyon, where we cross cold glacial streams and follow a dark, mineral-rich creek toward the three-peaked Uxatindar mountain.

## Day 7

**Objective:** Eldgjá—the “Fire Canyon”

**Lodging:** Mountain Hut

**Summary:** We will descend deep into the red and black canyon walls of the largest volcanic canyon in the world and make our way to a magnificent waterfall cascading from the top of the cliffs to the canyon floor. We will depart the area through emerald pastures used by Icelandic shepherds in centuries past.

## Day 8

**Objective:** Southern Highlands Exploration

**Lodging:** Mountain Hut

**Summary:** Our journey toward the southern end of the highlands brings a raw and untamed landscape of mossy plains and black volcanic deserts with sharp ridges rising against the horizon. Over two days we will explore many areas in this region and will stay in a remote mountain hut this night

## Day 9

**Objective:** Southern Highlands Exploration

**Lodging:** Guesthouse

**Summary:** A continuation of our exploration of the southern end of the highlands which will end in a stay at a guesthouse, a small reward for our days spent trekking through some of the most untamed terrain in Iceland

## Day 10

**Objective:** Thórsmörk Hiking

**Lodging:** Tent

**Summary:** Our final hike takes us through a lush valley between glaciers and shaped by fire and ice. Expect to encounter birch forests, glacial rivers, and sharp peaks wrapped in mist. After our trek we will travel by vehicle into the lowlands for another comfortable night in a guesthouse and prepare to make our way back to Reykjavík.



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## Day 11

**Objective:** Return to Reykjavik

**Lodging:** Hotel

**Summary:** We will make our way back to Reykjavik, but for those that want an additional adventure there is an optional glacier hike on Sólheimajökull glacier. No other hikes or activities are planned for this day, we will use the day to travel, unwind, and have a team dinner. We will return to our same hotel in Reykjavik.

## Day 12

**Objective:** Depart Reykjavik

**Lodging:** N/A

**Summary:** We will say goodbye to Iceland and make our journeys home.