



S2 Mountain Adventures  
8220 Barningham Rd.  
Richmond, VA 23235

## 2024 FALL HIMALAYA HYBRID TREK/CLIMBING EXPEDITION

Trekking & Climbing Programs	Elevation	General Level of Difficulty	Cost	
EBC / Kalla Patthar	17,600' / 18,519'	Upper-intermediate, non-technical trek on steep terrain	\$4,375	Base
Kongma La Pass / Chukhung Ri	18,169' / 18,209'	Advanced, non-technical trek requiring high fitness	\$ 850	Add-on
Imja Tse (Island Peak)	20,305'	Experience req'd: Intermediate high altitude alpine	\$1,750	Add-on
Ama Dablam	22,494'	Experience req'd: Advanced high altitude alpine	\$8,350	Add-on

**This is a well-supported hybrid expedition planned by S2Mountaineering, an experienced group of mountaineers who think everyone should enjoy the high country. S2Mountaineering has organized expeditions to the world's highest peaks on every continent with safety and great success. If you join us in Nepal, you'll have the benefit of seeing some of the world's most beautiful mountains in the company of highly experienced western guides and local Sherpa who have a deep attachment to this wonderful place. You'll be in excellent hands. For most, this unique spiritual and cultural experience under the canopy of the highest mountains in the world is the highlight of a lifetime.**



View of surrounding mountains from Kalla Patthar (Reynolds/2022). Yes, this is on your itinerary!

**Cost and What's Included.** This is a fully supported hybrid expedition offering programs at all levels. The base cost to join us at Everest Base Camp and Kalla Patthar (non-technical trekking peak) is \$4,375. A deposit of \$1,000 is due at the time of registration. If you're hungry for more altitude, join us on Chukhung Ri for an additional \$850. Intermediate and advanced level climbers can climb Imja Tse (\$1750 add-on / \$1,500 deposit at time of registration) and Ama Dablam (\$8,350 add-on / \$5,000 deposit at time of registration). Remaining trip payments are due 120 days before trip departure.

**What's Included?** Logistics are provided by western mountain guides and local Sherpa who have been leading safe and successful expeditions in the Himalaya for more than twenty-five years. The cost includes advance assistance with conditioning, preparation and planning, airport ground transfers from Kathmandu International Airport, in-country domestic flights, double occupancy accommodation, meals on itinerary, Nepali liaison officer, all permits and registrations, national park entry fees, yak team and porter support, professional guide service, team radio communication, expedition medical kit and access to licensed EMS field provider, and personalized support for your success. Additional service for Imja Tse and Ama Dablam includes complete base camp service with cook staff, high camp installation and service, team Sherpa support. Personally assigned Sherpa can be provided at an additional cost.



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**What's Not Included?** Personal equipment, international flights, required travel insurance for medevac and cancelation, costs associated with unanticipated weather and other events resulting in delay beyond our control, excess baggage charges, tips for Sherpa staff, meals in Kathmandu, and airport fees.

**What Should I Expect and Difficulty?** Expect to be amazed! You'll witness the grace of the world's highest mountains towering above 8,000m. Members will also benefit from a close cultural experience with the many Sherpa communities we'll visit. Everest Base Camp (EBC) trekkers will be on the trail between 4-6 hours each day over moderately steep gradient and terrain. The days are best characterized as moderately strenuous for a fit individual. The trail is well traveled by the Sherpa that live in the Khumbu Valley, passing by the many tea houses and monasteries where we will break and have rest days. The pace will be leisurely to enjoy the people and our surroundings. You will be required to carry a small backpack weighing 17-22 lbs. containing personal items you need throughout the day. Our experience suggests conditioning before any lengthy trek is a good thing – remember, base camp is at 17,600 ft!! Altitude is a concern for some people. Our schedule allows for short trekking days and two full rest days on the ascent to properly acclimatize for EBC and Kalla Patthar at 18,519 ft. Trekkers interested in Kongma La Pass and Chukhung Ri will enjoy a remote experience to one of the areas highest passes followed by beautiful views from a non-technical summit. The conditions of this 2-day add-on trek are challenging, and previous back-country alpine experience is recommended.

**Imja Tse.** Rated Alpine Grade 2b, Imja Tse is an exceptional intermediate choice for experienced mountaineers seeking to push past 20,000 ft. for the first time. This peak is often characterized as a trekking peak – it is not. Climbers must have skills in general mountaineering and glacier travel, including awareness of altitude risks and acclimatization. Climbers should also be comfortable with a fixed rope ascent. Sufficient physical and mental fitness are required to be successful on Imja Tse.

**Ama Dablam** is considered by many to be a "dream peak." It's incredibly beautiful and intimidating all in one. The route involves three high camps along a strenuous mixed route that includes ice (Rated W13-4), rock (Rated to 5.0-5.7) and classic high-altitude mountaineering. Climbers are required to have a solid and well-rounded set of alpine skills and experience. Climbers should also have a sufficient climbing background to demonstrate an ability to exercise risk assessment and independent judgment. Sufficient physical and mental fitness are required to be successful on Ama Dablam.

In an effort to help our trekkers and climbers prepare, we schedule a series of team conference calls to assist with physical conditioning, personal gear selection and individual logistics. Join us for weekend conditioning hikes for personal assessments. We are available to our team members on an individual basis to assist in their personal preparation and planning – we want you to succeed!



**Gear – What Should I Bring?** All team members are provided a detailed gear list of all necessary personal clothing and equipment required for their program.

**Travel Itinerary.** Please see the attached itinerary providing daily travel details for each program.